



Tapestry Frequently Asked Questions and Answers

Tapestry is a one level building separated into two wings with 2 houses in each wing for a total of 4 houses that each occupy up to 16 residents.

Q: What are your visiting hours?

Tapestry has visiting hours from 6pm-7:30pm on Wednesdays and from 1:00pm-2:30pm on Sundays. There is a counselor lead family group held on Thursdays from 6pm-7:30pm.

Q: Do you allow therapy dogs?

No, we are not able to allow any therapy animals for patients in the building.

Q: Can I smoke?

Yes, in designated areas during non-program times. Chewing tobacco and vapes are not allowed.

Q: Can I bring my phone?

Cell phones are placed in a secure area during your time in treatment. You'll have access to the facilities phones in the morning, over lunch, and after group programming which ends at 5pm, Monday thru Friday. These phones are also available after 12pm on Saturday and Sunday.

Q: Can I bring my computer or tablet?

Any electronic devices such as laptops, tablets, smartwatches, e-readers, etc. will be locked in a secure area during your stay here. The general rule is that anything that connects to data, Wi-Fi or Bluetooth, can take pictures or record, will need to be locked up in a secure area.

Q: Can I bring things like TVs, guitars/musical instruments, and video games?

Outside TVs are not allowed but there is a TV in each of the houses where TVs which can viewed outside of group times. Musical instruments can be brought into the facility, but Meridian Behavioral Health is not responsible for any lost, stolen, or damaged property. The playing of instruments should be



respectful of others and outside of programming. Video games are not allowed nor are there video games available. Time in treatment should be focused on you and your recovery.

Q: How many people are in a room and how are roommates assigned?

We have one type of bedroom and they are double occupancy. Room assignments are random at the time of admission. Our beds are set to fire code, and you are not allowed to move them. If you have any room concerns, they need to be brought to your counselor and room changes only happen when they are deemed clinically necessary.

Q: How does laundry work?

Each house has their own laundry room and you write your name on a white board reflecting which machine you are currently using.

Q: Can I bring snacks?

Yes, or you can have others bring you snacks. For the safety of all, staff will go through whatever is received. There are also soda and snack vending machines in the building. We do have a DOs and DON'T list of items you can or cannot bring into the facility. Some examples are you cannot bring perishable or bakery item foods, and items in glass or tin cans like soup cans.

Q: Who makes the meals? What if I have dietary requirements?

Our facility has a contract with New Horizons Food, which prepares meals onsite. If there are dietary requirements the nursing staff will address this with you upon admission and will communicate any dietary needs to the kitchen staff.

Q: Do you allow passes? What about off-site appointments?

We do not typically allow passes but we do have the exceptions of immediate family funerals and these need to be approved by both your counselor and management.



Any off site appointments need to go through our nursing team for approval and we approve them based on medical necessity only.

Q: Am I allowed to bring in vitamins or other over-the-counter medications?

Over-the-counter medications are provided by the nursing department as needed, so you do not need to bring these in. If you want to bring in vitamins they must be in a new, unopened bottle.

Q: What should I bring?

We ask that you limit the amount of belongings with you as space in your room is limited. Please bring 7 days of clothing as we have laundry available to you. Any hygiene products you bring need to be alcohol free.

Q: Do you provide hygiene products?

Yes we do provide the basics such as lotion, shampoo and conditioner, deodorant, tooth brush and paste, comb/brush, hair ties, bar of soap and a nail file.